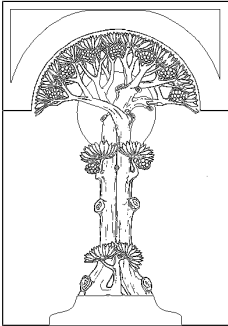


Centre for Integrative Medical Training
In Association with London Integrated Medical Health Education



Intermediate Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

Unit 41

PRINCIPLES & PRACTICE Reference Supplement - methodological studies for Week 9

The Gold Series

POWER & RESPONSIBILITY

Part 1. Ideas according to Jan Scholten

POWER

The key word in the Gold Series is "Power".

Power manifests in some important aspect of their life. In the remedies near the centre they are manifesting power successfully in roles of leadership, management, etc.. In the early stages the feeling or reality is they do not have enough power and in the later stages the problem is to do with loss of power.



LEADERSHIP

They are often people who take to leadership naturally. Positions of management come to them easily. They have the confidence and drive and skills necessary to lead large organisations - businesses, educational establishments, political organisations, etc.

RESPONSIBILITY

With the power and ability to lead comes responsibility. They are often people with a very heavy sense of duty. Their responsibility can be towards not only their family and employees, but fellow citizens in a wider sense and even the whole of society. Organization and structure are very important in their lives and they are skilled in these areas. This responsibility can make them appear serious and heavy. It is as if they are carrying a great burden, which they may indeed be doing. A feeling of a heavy load. Even children can be serious. A child may not play a great deal, may be very calm and composed.



COURAGE

In order to take on all this responsibility they need a lot of courage. The remedies are in rubrics such as:

Audacity

Obstinate, headstrong

DICTATORIAL

This is found especially in the elements at, or just past, the top, i.e. Stages 10, 11, 12 and 13. Now we begin to see the shadow side of power. At these Stages also an awareness of enemies develops. A dictator will tend to be opposed by enemies. Mercurius, at Stage 12, has the delusion "surrounded by enemies".

PRIDE

In a positive sense this can be dignity and nobility and honour. But there is a negative aspect where they feel they are better than others - a feeling they are a cut above others and can look down on them: arrogance and egotism. This is found especially in Stage 10, Platina.

Rubrics: Haughty

Egotism

Delusion, tall, he has grown

FAILURE

This is the shadow side of the great drive to perform at a very high level. In the failed State, the patient feels not up to the heavy task they believe they have to perform. They change from being hard-workers to being irresolute and indolent, depressed and even suicidal. Fear of failure is symbolised by the fear of heights and the fear of, and dreams of, falling from high places.



WORKERS

As with most metals, people in the Gold Series are hard-workers. The drive to perform is very strong. They can be real workaholics. They can say with pride that they would work through weekends and holidays if necessary "to get the job done". In the failed state they go into an apathetic and indolent state of mind in which work is impossible.

RELIGION

The Gold Series remedies can have very strong religious feelings. This is linked to the feeling of nobility and honour, doing one's duty and power. As with the old kings who felt they were God's representatives on earth. Like the pharaohs in Egypt, who ruled over life and death, almost like gods. In the failed state: a feeling that they have been punished by God or abandoned by God.

Rubrics: Delusions, religious
Religious affections
Religious sadness
Godless

ALONE, ISOLATED

Because they feel superior, they feel separate from others. Sometimes an intense feeling of isolation: "It's lonely at the top". A feeling that they are above it all. Analagous to the non-reactivity of the precious metals: the precious metals do not form connections easily with other elements but they are very active catalysts and facilitate reactions between other elements while remaining unaffected themselves.

Typical rubrics: Aversion to family members
Fear of people
Forsaken feeling Reserved
Suspicious, mistrustful
Talk, indisposed to

OFFENDED, HURT

They can be easily offended. The slightest remark can be taken as an insult and as a sign of lack of respect.

Typical rubrics: Ailments from mortification, humiliation
Ailments from anger, with indignation
Contradiction, intolerant of

Fears:

Heights, falling
Murder, death, suicide, cardiovascular disease, religious fears.

Professions:

Leaders, directors, managers, presidents, captains,
top sports people, judges.



Jan Scholten

Causation:

Humiliation, insult, disasters.

COMMON PATHOLOGIES:**Cardiovascular Disease:**

High blood pressure, myocardial infarction, cardiac failure.
Irregularities of pulse.

Eye complaints:

Inflammations, disturbances in vision

Headaches**Complaints of ovaries and testes:**

Inflammation, cancer, cryptorchism, infertility

Infections of bones:

Necrosis, inflammation

Sensations:

Swollen, blown up, heavy, full

COMPARISON WITH THE SILVER SERIES:***SIMILARITIES:***

Pride
Creativity Religion
Loneliness Feeling
offended

DIFFERENCES:

The element of power is less pronounced in the Silver Series.
The Gold Series feels much less need to justify their actions to others,
whereas the Silver Series desires appreciation.
It can be seen as the difference between the Chief of the tribe,
representing the Gold Series, and the Shaman representing the Silver
Series.

Part 2. Ideas according to Rajan Sankaran



RESPONSIBILITY:

Authority, being independent, dominance, dutiful, force, reliant.

INDEPENDENCE:

Standing on your own two feet, on your own, self-reliant, self-supporting, self-sufficient.

INCAPABLE :

Disabled, impotent, inferior, crutch, handicap, dependent, irresponsible.

KING:

Strength, supremacy, dictatorial, power, supremacy, ambition, high position.

GUILT:

Held accountable, morality, self-worth, honesty, negligence, blame, right and wrong.

PREMATURITY:

Children taking on responsibility precociously; too much leadership at a young age; premature development; premature physical problems; premature stress; premature positive or negative developments, pathologically or emotionally.

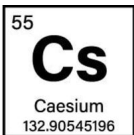
SPHERE OF ACTION:

Vital systems - cardiovascular and central nervous systems.

1

Stage One: Some stage one concepts:

Alone, lonely: no structure of my own.
Like an infant. Not developed enough. Desire to be carried.
No resources, no confidence to be on their own.
Instinctive, impulsive, naive, immature.
Incapable. Incapacity. Dependent



Caesium

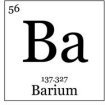
A naive leader
Spontaneous leadership
Uncontrolled leadership
Naive projects, castles in the air
A foolish leader
Impulsive leadership
Initiating projects: pioneer
Not taken seriously as a leader
A king without inner reflection



Sankaran: *"I lack the power to stand on my own and handle responsibilities"*

2 Stage Two: Some stage two concepts:

Needs SUPPORT. Shy, uncertain, finding a space. Feeling observed, criticized. Adapting, passive. Covering, protecting. A small structure like that of a child. Carrying a kind of a shell with you. Need for support in untoward situations. He is happy as long as he knows and is assured that he has a backup.



Barium

A timid leader
Feeling powerless
A passive leader
Feeling criticised on their leadership
Yielding to criticism on his leadership
Seen as being someone who has no power
Seeing others as more powerful
Powerless to be dignified: ridiculed
A timid manager: small
Putting the leaders in their place: the jester

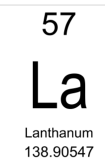


Sankaran: *"I need support to take responsibility."*

3 Stage Three: Some stage three concepts:

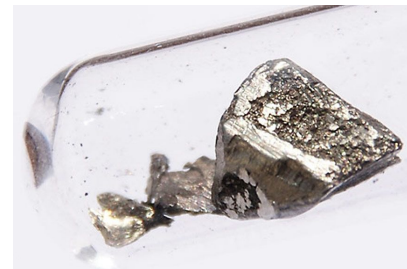
Confusion
Indecision

Many options overwhelm and bewilder him. Very jittery, insecure. Wavering, hesitation, unsure, doubts. Great instability.



Lanthanum

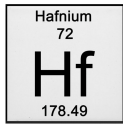
Hesitating whether to take on the leadership
Doubt about their leadership qualities
Exploring leadership
Exploring power
Unofficial leadership
Comparing power structures
Discouraged by criticism



Sankaran: *"Can I take responsibility or not?"*

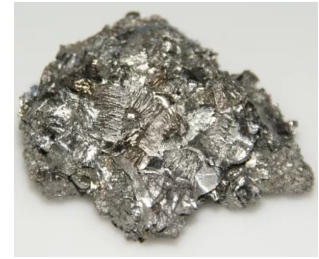
4 Stage Four: Some stage four concepts

Establishing
Official
Deciding
Commencing
Beginning
Inadequate
Incapable



Hafnium

Establishing a new firm
The beginning of power
Starting a managerial job
Failure at the start of the business

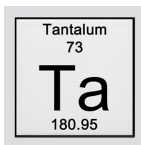


Sankaran: *"I have to start taking responsibility but I am unsure of my ability"*

5

Stage Five: Some stage five concepts:

Preparation
Proposal
Preliminary
Unsure
Postpone
Doubt
Alternate
Practice



Tantalum

Doubting that they are a leader
Hesitating to take responsibility
Preparing the business
Postponing leadership
Evading responsibility
Alternating between taking on and leaving their task

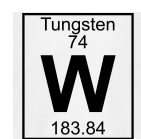


Sankaran: *"Alternating and doubtful: can I be responsible or not?"*

6

Stage Six: Some stage six concepts:

Challenge
Daring
Proving
Forcing
Unavoidable
Take a risk / chance



Tungsten (Wolfram)

Having to prove yourself as a leader
Initiation as leader
Proving that they are responsible
Daring to take on responsibility
Feeling forced to take on leadership
Hidden power



Sankaran: *"Have to prove myself as a leader and as an independent person"*

7

Stage Seven: Some stage seven concepts:

Adding to
Reinforce
Fortify
Compliments
Fine tuning, Feedback
Refine
Enhance



Rhenium

Leading by encouraging cooperation
Teaching mentoring
Encouraging teamwork
Practising leadership. Co-directors. Team leads.
Seeing everything: overview
Expanding lead

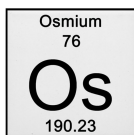


Sankaran: *"I can lead but how much more responsibility can I take?"*

8

Stage Eight: Some stage eight concepts:

Perseverance
Endurance
Stamina
Determination
Carrying on
Forcing
Tough Strong
Push
Heavy Pressure
Resistance Opposition



Osmium

Pushing the organisation ahead
Crisis management
Persevering as the leader
Leading the organisation through making plans: strategy
A forceful leader
The pressure of responsibility

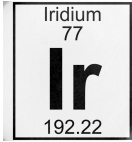


Sankaran: *"Perseverance in handling responsibility"*

9

Stage Nine: Some stage nine concepts:

Getting ready
Presentation
Finishing touches
Success in sight Test
Blunder
What if I fail?
It should be perfect
Not quite Canceling



Iridium

Taking the final step to become a leader
The crown prince
Getting ready to take over power
Finishing touches in the organisation
Blunders within the organisation
Extending responsibility

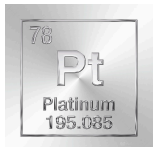


Sankaran: *"What if I don't succeed in my responsibilities?"*

10

Stage Ten: Some stage ten concepts:

Summit Centre
High Pinnacle
Success Shining
Self evident
Independent Noble
Self assured Haughty
Balance
Rigidity
Feeling poised, balanced, self-assured, comfortable.
Success comes naturally - as a matter of course.



Platinum

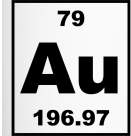
A natural leader
Summit of power
Centre of power
Shining as a powerful leader
Success makes you haughty
Responsibility has created success
The arrogance of power
The ultimate dictator
The noble emperor
Offended when they cannot shine



Sankaran: *"I am a successful leader"*

11 Stage Eleven: Some stage eleven concepts:

Holding on
Maintaining
Possessions Wealth
Privileged
Keep up
Performance
Ordeal



Aurum

Holding on to their power
Trying to hold on as a leader
Holding on to the throne
Maintaining responsibility
Holding on to power: conservative
Protector of organisations
Expanding the organisation
Enjoying success

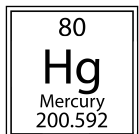


Sankaran: *"Every crisis is a test of my ability to lead and stand on my own - am I good enough?"*

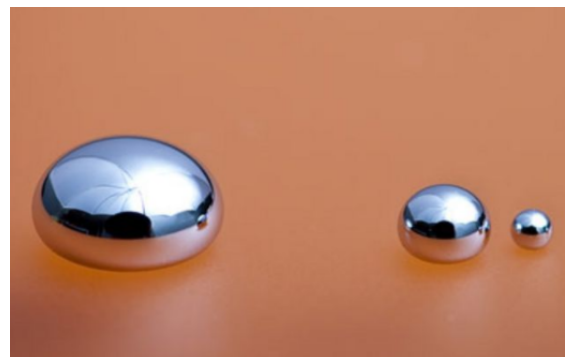
12 Stage Twelve: Some stage twelve concepts:

Pollution
Decay
Threat Attacks
Enemies
Alert Vigil Constant watch
Overshooting
Exaggerating
Repeating
(At stage twelve the outside world starts to pose a significant threat.)

Mercurius



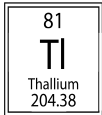
Overdoing power. dictatorship
Exaggerated organisation
Decay of power
Repeating strategies to hold on to power
Enemies of the king
Enemies of the organisation: suspicion
Exaggerated feeling of loneliness
Everybody is an enemy and they are totally alone
Decline of the empire



Sankaran: *"Constant threat from enemies"*

13 Stage Thirteen: Some stage thirteen concepts:

Falling behind
Out of date
Outgrown
Nostalgia
Loss of faith
Giving up
Withdrawal



Thallium

Organisations that are out-dated
Falling back on the old ideas: dogmatic
Outgrown dignity
Disbelief in one's own leadership qualities
Nostalgia for the old power
Withdrawing to the old position of power
Lagging behind in taking responsibility

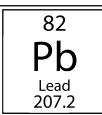


Sankaran: *"Impending loss of control; impending disaster."*

Need for constant vigilance, monitoring and total control"

14 Stage Fourteen: Some stage fourteen concepts:

Empty
Shell
Failure
Loss
Destruction
Damage
Formality



Plumbum

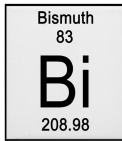
A director in the final days of his career
No longer wanted as a manager
Irresponsible leader
An indifferent leader
Formal respect for power. diplomacy
Hiding your power behind a mask
Empty power: formality
Isolated through formal behaviour



Sankaran: *"I am in a high position and everyone is conspiring against me"*

15 Stage Fifteen: Some stage fifteen concepts:

Eroding
Damaging
Corroding
Dying
Surrender



Bismuth

Loss of power
Farewell to the throne: abdication
Ousted from the kingdom
Poisonous power - corruption
Loss of dignity
Alone in isolation
Hara kiri: ritual suicide - death to retain honour

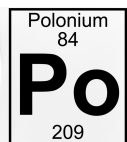
1KG/35.3 OZ Bismuth Metal



Sankaran: *"Losing power and too weak to preserve it"*

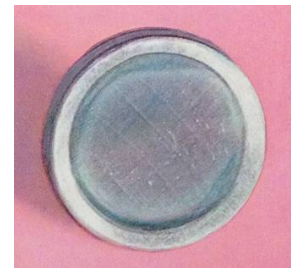
16 Stage Sixteen: Some stage sixteen concepts:

Lost
Used up
No capacity
Incapable
Neglect
Lazy
Rotting
Imagination
Fantasy



Polonium

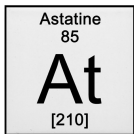
Lost power
Expecting obedience
Fantasising about being a leader
Living on past fame as a leader
Neglecting your responsibilities
Too lazy to take the lead
Living on past dignity
Failure through neglect of the organisation



Sankaran: *"Complete loss of power and ability to take responsibility. No hope."*

17 Stage Seventeen: Some stage seventeen concepts:

Betrayal
Let down
Disappointed
Stabbed in the back
Trapped Confined
Free Break free
Escape
Condemned
Banned
Impulse
Starved
Letting go
Holding on



Astatine

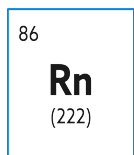
Without power
Renounced as a king
Anarchy
Escaping responsibility
Banned because of his abuse of power
Condemned for being a dictator
Condemned by the king: sentenced to death
Escape into death



Sankaran: "All power has been taken away and feeling of letting go"

18 Stage Eighteen: Some stage eighteen concepts:

Rest
Inactivity
Cocoon
Transformation
Locked up
Denial
Free Unbound



Radon

Rest after being a king
Retreat after a career as leader
Free from power
Not bound to an organisation
Denying your wisdom
The sage: free from power



Sankaran: "Content with the ability to take responsibility and the opposite feeling of total absence of someone to take the responsibility. Develops within self to feel complete without somebody else taking responsibility"